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ISTM NEWS

Newsletter of Institute of Secretariat Training and Management

January - March 2024



From the Director Rajiv Manjhi, Director, ISTM

Quarterly Newsletter for the quarter January to March 2024 captures various activities and initiatives undertaken by ISTM.

This Quarter witnessed a significant milestone as Hon'ble Prime Minister Shri Narendra Modi laid the foundation stone of 'Karmayogi Bhawan,' in a virtual event on February 12, 2024. This state-of-the-art facility, designed to foster innovation and collaboration, shall stand as a testament to our commitment to providing the best learning environment for our participants, offering them modern classrooms, advanced technology, and comfortable study spaces.

Our focus during this period remained steadfast on competency enhancement and tailored training initiatives. We conducted a variety of workshops and programs, including leadership development, communication skills, and digital transformation, led by our in-house faculty and guest speakers. These initiatives were designed to fulfill the evolving needs of our participants and equip them with the necessary skills for their roles.

We introduced and successfully executed organization-specific training programs besides regular Central Secretariat Service (CSS) and Central Secretariat Stenographers Service (CSSS) training courses. These programs, meticulously tailored to the unique needs of our participants, have not only met but exceeded expectations.

Notably, Stenographer Direct Recruits had the privilege of engaging with the Secretary, Department of Personnel & Training. Moreover, ISTM celebrated Republic Day with patriotic fervor through a flag-hoisting ceremony and a cultural program. Furthermore, our week-long book exhibition, themed "Unveiling India's Storied Legacy," held at the ISTM library, garnered much appreciation.

Your input is invaluable to us. We highly value the ideas and suggestions of our readers and encourage you to share them to enrich the content. Together, let us continue nurturing growth and fostering excellence among civil servants.

NEWSLETTER HIGHLIGHTS



Story inside - Foundation-laying Ceremony of ISTM's New Building "Karmayogi Bhawan" by Hon'ble Prime Minister Shri Narendra Modi.

From the Director

ENKINDLE

TRAILBLAZE

YEARNING



ENKINDLE

It is our pleasure to present the Jan to Mar 2024 quarterly issue of ISTM News. For your convenience and easy reading, ISTM News is divided into four parts- **From the DIRECTOR** - Editorial Note; **ENKINDLE** - which provides an outline of activities of the Institute; **TRAILBLAZE**- which gives a glimpse of major activities of the Institute during the period; and **YEARNING** which is a forum for faculty members, officers/staff and trainees to share their creative thoughts & ideas.

In this quarter, various training programmes and other events were conducted, which included the foundation laying ceremony of ISTM's new state-of-the-art building by Hon'ble Prime Minister Shri Narendra Modi in virtual mode. The Republic Day Celebration followed by Cultural Programme was also hosted. An interactive session of Stenographers Direct Recruits with Secretary(P) was organised. Several Organisation Specific Programmes (OSP) were conducted along with regular training courses of CSS and CSSS officers. The quarterly workshop on Official Language and Library activities were some of the attractions during the quarter.

During this quarter, the Institute conducted 72 courses, online and offline, which were attended by 2490 officers/participants.

The editorial team has tried to encapsulate various activities held in the Institute during this period.

We will also request you log in to our website, www.istm.gov.in, to learn more about our various training programmes.

Editorial Board

Capt. (IN) Y. P. Sharma

Smt. Namita Malik

Shri Rajesh Singh

Shri Puneet K Sharma

Shri Pawan Kr. Shrivastav

- Additional Director, Chairperson

- Joint Director, Member

- Deputy Director, Member

- Deputy Director, Member

- Assistant Library and Information Officer, Member Secretary



Visit of Secretary(P), Smt. Radha S. Chauhan for Interactive Session with Stenographers (Direct Recruit) 2020 Batch



Smt. Radha S. Chauhan, Secretary(P), visited ISTM on 19th Jan 2024 for an interactive session with Stenographers (Direct Recruit) undergoing the Foundation Training Programme. The Secretary(P) shared her vision with the newly recruited stenographers about working of Government machinery, the roles, responsibilities and challenges of public servants. The Secretary(P) addressed the concerns of the new entrants regarding the Central Secretariat Stenographer Services. It was a great encouraging and motivating opportunity for the participants. Smt. Rajul Bhatt, Director, ISTM Capt. (IN) Yogendra Prakash Sharma, Additional Director, ISTM and other faculty members were also present during the event.



गणतंत्र दिवस समारोह 2024 का आयोजन



26 जनवरी, 2024 को गणतंत्र दिवस के अवसर पर सचिवालय प्रशिक्षण तथा प्रबंध संस्थान में एक भव्य समारोह का आयोजन हुआ। इस मौके पर संस्थान की तत्कालीन निदेशक महोदया श्रीमती राजुल भट्ट, अपर निदेशक महोदय कैप्टन (आई.एन.) योगेंद्र प्रकाश शर्मा, संकाय सदस्य, अधिकारी और अन्य कर्मचारी उपस्थित थे। निदेशक महोदया ने गणतंत्र दिवस की बधाई देते हुए उपस्थित प्रतिभागियों को संबोधित किया तथा डॉ. भीमराव अंबेडकर के साथ साथ संविधान समिति के अन्य सदस्यों को भी याद किया। उन्होंने देश की अखंडता, एकता और संप्रभुता को बनाए रखने के लिए संविधान में दिए गए नागरिकों के अधिकारों के विषय में भी चर्चा की। उन्होंने इस बात पर बल दिया कि हमें नैतिकता को नहीं भूलना चाहिए और मानव मूल्यों को बरकरार रखते हुए अपने राष्ट्र को प्रगति के पथ पर आगे ले जाना चाहिए।

इस मौके पर अनेक प्रशिक्षुओं तथा कुछ कर्मचारियों के बच्चों द्वारा रंगारंग संस्कृतिक कार्यक्रम प्रस्तुत किए गए और देश तथा संविधान के प्रति अपना आभार व प्रेम प्रकट किया। तत्पश्चात् कार्यक्रम में भाग लेने वाले प्रशिक्षुओं, CRPF जवानों तथा कार्यक्रम की व्यवस्था करने वाले कर्मचारियों को, निदेशक महोदया द्वारा उपहार वितरित किए गए।

Foundation Stone Laying Ceremony of 'Karmayogi Bhawan' - A new state-of-the-art premises of ISTM



In a historical event, Hon'ble Prime Minister Shri Narendra Modi laid the foundation stone of "Karmayogi Bhawan - Integrated Capacity-Building Complex" in virtual mode on February 12, 2024. The ceremony marked the beginning of a new chapter for the Institute of Secretariat Training and Management (ISTM), with the Hon'ble Prime Minister Narendra Modi emphasizing the pivotal role of training and capacity building in India's administrative landscape.

Hon'ble MoS, MoPPG&P, Dr. Jitendra Singh and Secretary(P), Smt. Radha S. Chauhan, joined the ceremony virtually. Shri Rahul Singh, Additional Secretary, Director, ISTM as well as faculty and staff members of ISTM attended the event at the site of the new building.

During the virtual ceremony, Hon'ble Prime Minister Shri Narendra Modi applauded the efforts of the ISTM and Training Division in fostering excellence in administrative training. He stressed the need for state-of-the-art training facilities to equip civil servants with the skills needed for efficient governance in a rapidly evolving world. Speaking from the virtual platform, Hon'ble Prime Minister Shri Narendra Modi reiterated the government's commitment for promoting excellence in public service and ensuring that civil servants are equipped to serve the nation effectively. He emphasized the importance of innovation, technology, and continuous learning in driving India's progress.

The foundation-laying ceremony symbolized a significant step towards the modernisation of ISTM's infrastructure and expansion of its training programmes. It reflected the government's vision of building a skilled workforce capable of meeting the challenges of the 21st century.

Level-IV Training Programmes for Central Secretariat Stenographer Service (CSSS)

No. of Courses: 04

No. of Participants: 129

Course Co-ordinators:

- Shri Sandeep Mukherjee, Director
- Shri Moloy Sanyal, Director
- Shri Bhagban Padhy, Deputy Director

The highlight of these courses was the maximum focus on the competency of digital fluency. Special sessions were organised through a representative of Microsoft Corp and the Technical Director of the e-office PMU of the NIC. In the relieving letter, competency areas on which capacity development of the officers was conducted, have been mentioned for the first time.

Study Tour

The Study tours were organised for different sectors including the Union Territory of Jammu and Kashmir sector on dates, as per course schedule.



Level - B Training Programmes for Assistant Section Officers of Central Secretariat Service



Total no. of Courses Conducted: 07

No. of Officers attended: 185

Course Co-ordinators:

- Shri Vipin Kumar Bhargava, Deputy Director
- Shri S. K. Soni, Deputy Director
- Shri Nilmani, Deputy Director
- Shri P.K. Sharma, Deputy Director
- Shri Rajeev Kumar Kundi, Faculty Consultant
- Smt. Kavita Sharma, Assistant Director



Level-B training programmes for Assistant Section Officers (ASOs) of the Central Secretariat Service under the CSS Cadre Training Plan were conducted in the ISTM as per the training calendar during the quarter. The batches went for study tours to various sectors including the Delhi- Hubli- Badami Karnataka–Delhi sector, Delhi-Vadodara-Ahmedabad-Delhi sector and Delhi-Jabalpur-Shahdol-Jabalpur-Delhi sector etc. They also visited the Saket District Court, Passport Office, National Archives of India, PM Sangrahalaya and Road Transport Office to learn the Citizen State interface.

Study Tour



Management of Training

18-Mar-2024 to 22-Mar-2024

Total no. of Courses Conducted: 01

No. of Officers attended: 16

Course Co-ordinators:

- Smt. Namita Malik, Joint Director

Master Trainer(s):

- Shri Yogesh Dwivedi
- Shri Abhay Singh

ISTM recently concluded a "Management of Training" course under the Trainer's Development Program, sponsored by the Department of Personnel and Training (DoPT). The course, held from March 18th to March 22nd, 2024, aimed to enhance the training management skills of government officials.

The course witnessed active participation from 16 enthusiastic participants who gained insights into various aspects of training management. Led by esteemed master trainers, Shri Yogesh Dwivedi ji and Shri Abhay Singh ji, the program covered essential topics including training design, delivery, and evaluation.

Smt. Namita Malik, Joint Director at ISTM, served as the Course Director, ensuring the smooth execution of the program. Participants were provided with practical knowledge and techniques to effectively manage training programs in their respective departments. The course highlighted the role of trainers in enhancing the skills and competencies of government employees to meet the evolving needs of governance and the skills to identify the training needs within their departments.

The successful completion of the "Management of Training" course reflects ISTM's commitment to capacity building and continuous learning in the government sector. Such initiatives contribute significantly to enhancing the efficiency and effectiveness of public administration.





Two Days Organisation Specific Programme for Delhi Metro Rail Corporation Ltd. for Non-Executive Staff of HR Department

A total of 25 Non-Executive Staff of the HR Department of Delhi Metro Rail Corporation Ltd. participated in this programme from 26th to 27th February, 2024. This specially curated programme covered the topics such as “Noting and Drafting, Reservation Rules, Pay Fixation and **D&AR** enquiry and its implementation”. The course was co-ordinated by Shri Nilmani, Deputy Director, ISTM



Two Days Organisation Specific Programme for Delhi Metro Rail Corporation Ltd. for PA/PS

A total of 25 PA/PS of Delhi Metro Rail Corporation Ltd. participated in this programme from 28th to 29th February, 2024. This specially curated programme covered the topics such as “Role of PA and PS; Working with Senior management; Communication skills including Email etiquettes; Time management; and Organising meeting”. The course was co-ordinated by Shri Nilmani, Deputy Director, ISTM



Two Days Workshop on Litigation Management for Deputy Director and above rank officers

The Workshop on Litigation Management has been successfully conducted from 26th to 27th March, 2024. It was co-ordinated by Shri Sanjeev Gupta, Deputy Director. As per the suggestions from the Director, ISTM legal experts dealing with matters in government departments were called to share their experiences of handling Government Litigation. A total of 30 officers attended the workshop.



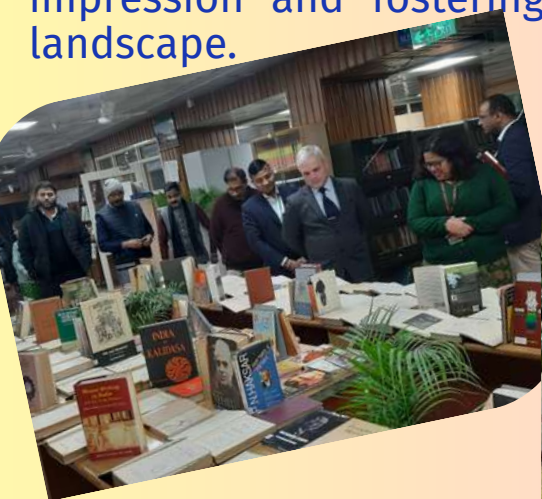
ISTM Library conducted an book exhibition on 'Unveiling India's Storied Legacy'



The Institute of Secretariat Training and Management Library hosted a week-long captivating book exhibition from 15-Jan-2024 to 19-Jan-2024. The exhibition was themed "Unveiling India's Storied Legacy," providing a vibrant platform for enthusiasts to explore the diverse tapestry of Indian literature. The exhibition, inaugurated by Smt. Rajul Bhatt, Director, ISTM, aimed to celebrate and showcase the rich literary heritage of India. Attendees were treated to an array of books spanning classical epics, regional masterpieces, and contemporary works.

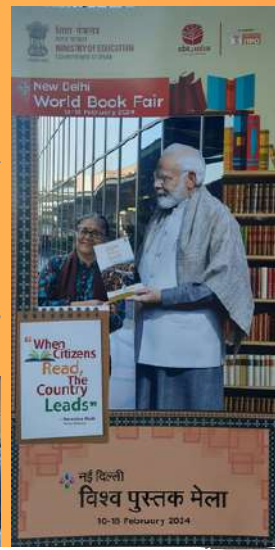
The event featured Documents & Books related to History; Political Science; Biographies; Autobiographies of eminent personalities; Books on Indian Defence Forces; Freedom Fighters; and Hindi Classical Books, which also included a collection of rare books.

The "Unveiling India's Storied Legacy" exhibition at ISTM Library successfully united literature enthusiasts, scholars, and government officers, leaving a lasting impression and fostering a deeper appreciation for India's diverse literary landscape.





The Book Selection Committee along with Smt. Rajul Bhatt, Director, ISTM visited "Delhi World Book Fair" on 16th Feb, 2024. This International event was held in Pragati Maidan, New Delhi from 10th Feb, 2024 to 18th Feb, 2024. The delegation visited many book stalls and recommended books for purchase in the ISTM Library.



हिन्दी की तिमाही कार्यशाला का आयोजन



जनवरी-मार्च तिमाही के लिए दिनांक 22 फरवरी, 2024 (बृहस्पतिवार) को "वर्तनी की अशुद्धियाँ तथा देवनागरी लिपि का मानकीकरण" विषय संबंधी हिंदी कार्यशाला का आयोजन सभागार-2 में किया गया था। यह कार्यशाला संस्थान के सभी अधिकारियों, संकाय सदस्यों एवं कर्मचारियों के लिए आयोजित की गयी थी। हिंदी कार्यशाला में कुल 54 कार्मिकों ने प्रतिभागिता की। कार्यशाला की अतिथि वक्ता केंद्रीय हिंदी प्रशिक्षण संस्थान में सहायक निदेशक के पद पर कार्यरत श्रीमती वीनू खन्ना को आमंत्रित किया गया। अतिथि वक्ता महोदया ने कार्यशाला में हिंदी शब्दों के शुद्ध तथा मानक रूपों पर विस्तृत चर्चा की। साथ ही राजभाषा हिंदी में सरलतम रूप से कार्य करने संबंधी महत्वपूर्ण जानकारियां भी प्रदान की। इस दौरान सभी प्रतिभागी कार्मिकों ने बड़े उत्साह से कार्यशाला में हिस्सा लिया तथा हिंदी भाषा में कार्य करने के दौरान आने वाली समस्याओं को अतिथि वक्ता महोदया के समक्ष रखा। अतिथि वक्ता महोदया ने सभी प्रतिभागियों की शंकाओं का कुशलतापूर्वक समाधान किया।

ONLINE AND OFFLINE COURSES CONDUCTED DURING JANUARY TO MARCH 2024

A total of 72 offline and online courses were conducted by the ISTM during this quarter and a total of 2490 officers of different government establishments, including officers of CSS; and CSSS cadre attended these courses.

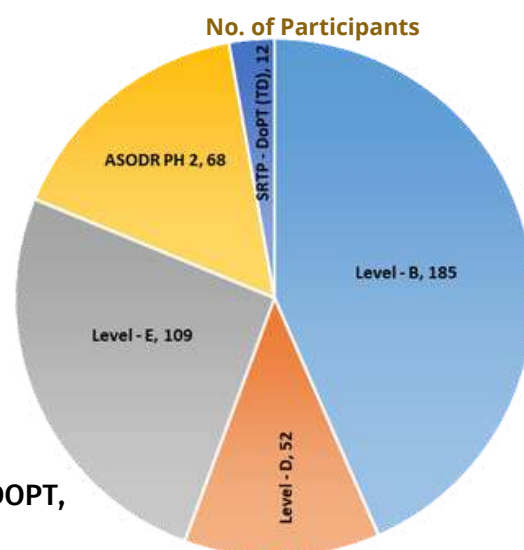
S.No	Name of course	# of Courses	# of Officers / Participants
1	CSS - Central Secretariat Services	16	426
2	CSSS - Central Stenographer Secretariat Services	06	214
3	Calendar Courses - As planned in Annual Training Calender	36	1470
4	Non-Calendar Courses - As per specific requirement of different MDOs	12	340
5	DAKSHTA	02	40
Grand Total		72	2490

CSS - CADRE TRAINING COURSES - 16 COURSES WERE CONDUCTED:-

Total 16 courses of Level B, D, E, ASODR Phase-II and SRTP, courses were conducted during this quarter (Jan to Mar 2024). The duration of these courses ranges from two to twelve weeks. A total of 426 participants attended the training.

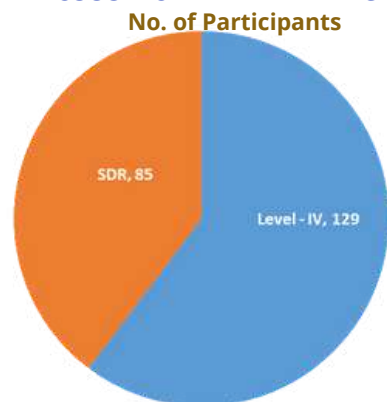
DESCRIPTION OF COURSE NAME:

- ASODR: ASO PROBATIONERS
- LEVEL B: ASO OF CSS WITH 6 YEARS OF APPROVED SERVICE
- LEVEL D: SO OF CSS WITH 6 YEARS OF APPROVED SERVICE
- LEVEL E: US OF CSS WITH 4 YEARS OF APPROVED SERVICE
- SRTP: SPECIAL REFRESHER TRAINING PROGRAMME FOR OFFICERS OF DOPT,



TRAINING DIVISION

CSSS - CADRE TRAINING COURSES - 06 COURSES WERE CONDUCTED:-



Total 06 courses of Level-IV and SDR were conducted during this quarter (Jan to Mar 2024). The duration of these courses is three weeks to eight weeks. A total of 214 participants attended the training.

DESCRIPTION OF COURSE NAME:

- LEVEL IV: PPS OF CSSS WITH 4 YEARS OF REGULAR SERVICE
- SDR: STENOGRAPHER DIRECT RECRUIT

DEVELOPMENT OF ATTITUDE KNOWLEDGE & SKILL FOR HOLISTIC TRANSFORMATION IN ADMINISTRATION (DAKSHTA) - 02 COURSES WERE CONDUCTED:-

A total of 02 courses of Development of Attitude Knowledge & Skill for Holistic Transformation in Administration (DAKSHTA) were conducted for MOEFCC and DoPT during this quarter (Jan to Mar 2024). The duration of this course was 5 and 3 days respectively. A total of 40 participants attended the training.

MOEFCC: MINISTRY OF ENVIRONMENT, FOREST AND CLIMATE CHANGE
DOPT: DEPARTMENT OF PERSONNEL AND TRAINING

CALENDAR COURSES OTHER THAN CSS/CSSS AND CTP - 36 COURSES AS UNDER:

S.No	Name of course	Duration From	Duration To	# participants
1	Programme on Pensions & Other Retirement Benefits	01.01.2024	05.01.2024	1
2	Prevention, Prohibition and Redressal of Sexual Harassment of Women at Work Place	05.01.2024	05.01.2024	2
3	Workshop on e-Procurement	08.01.2024	09.01.2024	3
4	Workshop on Communication Skills	15.01.2024	15.01.2024	4
5	Half-day online Workshop on conduct of inquiry on complaints relating to sexual harassment of women at workplace	15.01.2024	15.01.2024	5
6	Workshop on e-Office	15.01.2024	16.01.2024	6
7	Ethics and Value in Public Governance	29.01.2024	30.01.2024	7
8	Workshop on Income Tax	29.01.2024	31.01.2024	8
9	Half-day (A/N) Workshop on Emerging Technology and Dashboard	30.01.2024	30.01.2024	9
10	Workshop on Preparation of Expenditure Finance Committee/Standing	14.02.2024	16.02.2024	10
11	Statistical Tools and Techniques	19.02.2024	20.02.2024	11
12	Sensitization of Govt. Functionaries on Social, Economic and Educational Conditions of Socio-Religious Communities (SRCs)	19.02.2024	20.02.2024	12
13	Orientation Training Programme on Preventive Vigilance	19.02.2024	20.02.2024	13
14	Workshop for Liaison Officers (SC/ST)	19.02.2024	20.02.2024	14
15	Inter Personal Effectiveness	26.02.2024	27.02.2024	15
16	Right to Information - Appellate Authority	01.03.2024	01.03.2024	16
17	Right to Information - Public Information Officers	04.03.2024	06.03.2024	17
18	Administrative Vigilance - Role of IO/PO	04.03.2024	08.03.2024	18
19	Right to Information - Appellate Authority	05.03.2024	05.03.2024	19
20	Government e-Marketplace (GeM)	11.03.2024	12.03.2024	20
21	Orientation Training Programme on PFMS	11.03.2024	15.03.2024	21
22	Public Policy for Good Governance	18.03.2024	20.03.2024	22
23	Workshop on Pay Fixation	18.03.2024	20.03.2024	23
24	Management of Training	18.03.2024	22.03.2024	24
25	Reservation in Services for SC/ST/OBC/ExSM/PWDs	19.03.2024	22.03.2024	25
26	Training of Trainer (ToT) Programme on Vigilance and Disciplinary matters' (ToT-Vigilance)	18.03.2024	21.03.2024	26
27	Workshop on Public Private Partnership	26.03.2024	27.03.2024	27
28	Record Management - Right to Information	26.03.2024	28.03.2024	28
29	Seminar on Right to Information	26.03.2024	26.03.2024	29
30	Litigation Management	26.03.2024	27.03.2024	30
31	Workshop on Noting & Drafting	26.03.2024	27.03.2024	31
32	Handling Parliamentary Matters	26.03.2024	27.03.2024	32
33	Orientation Training Programme for the retiring Government officials	26.03.2024	27.03.2024	33
34	Recognized Trainers Development Programme – Design of Training	26.12.2023	12.01.2024	37
35	Direct Training Skills	01.01.2024	05.01.2024	39
36	Design of Training	08.01.2024	12.01.2024	40
Total No. of Participants				1470

NON CALENDAR COURSES OTHER THAN CSS/CSSS AND CTP - 03 COURSES AS UNDER:

S.No	Name of course	Duration From	Duration To	# participants
1	Five days CSP for IDES Officers of NIDEM	18.01.2024	24.01.2024	10
2	Half Days - Workshop on Personnel Policies - Recruitment Rules and Reservation Policies	19.01.2024	19.01.2024	25
3	Half-day workshop on Establishment/ Administrative and CRD Related Issues - Workshop on Personnel Policies - Recruitment Rules and Reservation Policies	31.01.2024	31.01.2024	25
4	Two Week - Online Organization Programme for Officials of Office of the Development Commissioner (Handicrafts), Ministry of Textiles, New Delhi	05.02.2024	16.02.2024	25
5	One-Week Organization Specific Programme for Capacity Building Division, Rajya Sabha Secretariat, New Delhi	05.02.2024	09.02.2024	25
6	Three-day P.T. Programme for Andaman & Nicobar Administration Secretariat on Office Management Including Office Procedure, Noting and Drafting, Record Mgt, Service Book.	12.02.2024	14.02.2024	35
7	Three-day P.T. Programme for Andaman & Nicobar Administration Secretariat on Establishment Rules including Reservation in Service for SC/ST & OBC & PWD	19.02.2024	21.02.2024	35
8	3 days PT Programme on Financial Rules, GFR/DFPR Pay Fixation/MACP/Public Procurement process, GeM, PFMS & GST	26.02.2024	27.02.2024	25
9	Two Days Organization Specific Programme for Delhi Metro Rail Corporation Ltd. for PA/PS	28.02.2024	29.02.2024	25
10	One-Week organization Specific Programme for Director Hospital Administration (MCD) O/o Director Hospital Administration for Doctors of MCD at ISTM	11.03.2024	15.03.2024	25
11	Three-day P.T. Programme for Andaman & Nicobar Administration Secretariat on Pension and other Retirement Benefit/NPS/Public Procurement & GeM	13.03.2024	15.03.2024	35
12	Organization Specific Programme for staff members of Central Administrative Tribunal, Principal Bench,	15.03.2024	15.03.2024	50
Total No. of Participants				340

जीवन की यात्रा में
एक लंबे समय तक
खाए हुए चोटों से
टूटे हुए विश्वास के साथ
कुछ दूर चलने के बाद
खो सा जाता है
हमारे हृदय से बहुत कुछ।

हम बना लेना चाहते हैं
एक घेरा अपने चारों ओर
और बचा लेना चाहते हैं
जो कुछ रह गया शेष।
हम बांध लेते हैं स्वयं को
कसकर स्वयं से ही इस तरह,
कि घुटन भी अच्छी लगने लगती है।

हम डरते रहते हैं
पुनः एक बार पुराने अनुभवों
के दोहराए जाने से
और इसी भय से घिरे हुए
हम अविश्वास किए जाते हैं
सुंदर लोगों के ऊपर भी।

सुंदर लोग हैं वे लोग
जो प्रयासरत हैं
न सिर्फ स्वयं को अपितु
दुनिया को सुंदर बनाने में।

सुंदर लोग हैं वे लोग
जो भरते हैं टूटे हृदय में
साहस फिर-फिर,
जो किसी और के अंधेरो से भी

लड़ने का हृदय रखते हैं,
जिन्हें किसी और के आँसू में
उपहास का कारण नहीं नज़र आता।
जो नहीं मानते किसी ऊँच-नीच को
जो सबके अन्तर्मन से उन्हें तोलते हैं
जो संवेदनशीलता की वाणी बोलते हैं।

सुंदर लोग हैं वे लोग
जो गिरते को उठाते हैं,
जो किसी और की खुशी
में भी सुख पाते हैं,
जो सबकी उपलब्धि पर
पीठ थपथपाते हैं।
जो स्वयं सही मार्ग पर चलने
का प्रयत्न करते हुए
दूसरों को भी राह दिखाते हैं।



सुंदर लोग हैं वे लोग
जो स्वयं से सोचना शुरू कर
दुनिया तक की सोचते हैं।
जो ज़रा ज़्यादा गौर से देखने पर
दिख ही जाते हैं कहीं न कहीं
बिन जताए, लगे हुए
किसी को संभालने में,
किसी को सँवारने में,
किसी की सहायता करने में,
किसी का संबल बनने में,
बदले में मांगे बिना कोई मोल।

सुंदर लोगों के परिभाषा की
परिधि है बहुत विशाल।
ईश्वर ने अनायास ही
कर दिया है समानुभूति का गुण
सुंदर लोगों के नाम।



ऐसे ही सुंदर लोग
मिल जाएंगे हर जगह
अविश्वास में विश्वास जगाते
निराशा में आशा जगाते
दुनिया को हर दिन
थोड़ा और सुंदर बनाते।

ठहरिए...ज़रा सोचिए...

ज़रा खोजिए...

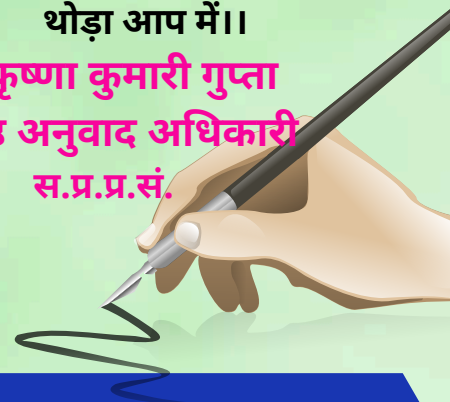
वो जो

जीवन की यात्रा में
एक लंबे समय तक
चलने के बाद
खो गया है...

वो आज भी है मौजूद
थोड़ा हम में
थोड़ा आप में।

सुंदर लोग आज भी हैं मौजूद
सुंदरता पर विश्वास दिलाते हुए
थोड़ा हम में
थोड़ा आप में।

- कृष्णा कुमारी गुप्ता
कनिष्ठ अनुवाद अधिकारी
स.प्र.प्र.सं.



माँ का आना



माँ आई तो आँगन में एक रौनक सी आ गई,
लड्डुओं का स्वाद,
पकौड़ों की महक, और
बेसन की खुशबू फिजा में छा गई ।

माँ आई तो आँगन में एक रौनक सी आ गई,
बिल्लियों से थोड़ा सकुचाती हैं वो,
बाबुजी की बातें बड़े चाव से सुनातीं हैं वो,
पुराने सारे किस्सों में उनकी आँखों में चमक दिखती है,
गाजरी रंग सुनहरी पट्टी की साड़ी में बहुत जंचती हैं ।

माँ से घर होता है या माँ पूरा घर होती है,
पुराने गीत सारे वो मीठे स्वर में गाती हैं,
माँ आती है तो आँगन में एक रौनक सी आ जाती है ॥

- सुजाता मट्टू
उप-निदेशक (राजभाषा)
स.प्र.प्र.सं.



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